

ENRICH Scotland Forum Meeting Minutes

Date: 26/06/23

Time: 16:00

Venue: Microsoft Teams

Attending: E Law; S Shenkin; H Davidson, J Kerr; R Ashworth; M Brown; C Jola; G Wylie; G Stewart; J Burton; C Elom; S Lewis-Jackson; M Beattie; A Petrie; C Raitt; C Henderson;

Meeting Minutes

1. **Welcome and apologies**

Introductions were made as not everyone had met the entire group.

2. **Quarterly update from ENRICH co-chairs**

E Law gave the following updates:

- The ENRICH funding application had been submitted and was successful for ENRICH to continue
- We currently have 224 Care Homes signed up to be research ready including 7 new ones from Shetland
- She stressed the need for research projects to be available for these signed up care homes. She explained that the proforma is being amended to allow Care Homes to say what specific research they would be interested in getting involved in. Previously signed up care homes will also be asked to complete so we have a database of research interest.
- Over 170 people have now been involved in the Confident Conversations workshops run for Alzheimer Scotland staff and the Scottish Dementia Working group
- An ENRICH conference will be taking place on Friday 15th March 2024. More details to follow

3. **Social care research ethics update**

I McLean was not available to give an update. This will be carried forward to the next meeting

4. **CHIP progress**

C Henderson gave an update on CHIP (Care Home Innovation Partnership). The Edinburgh care homes have been involved in research activities such as listening chair and NAMASTE.

Those involved are really interested in discussions about research and the next meeting is happening face to face to celebrate what has been done and what needs to happen next.

E Law explained that CHIP is specific to the geographical area of Edinburgh or Glasgow. ENRICH would like to hold a forum specifically for Care Home managers to allow them to network. A pilot meeting is to be set up for September

No update was given on HIVE Mind. This will be taken forward to the next meeting. (A Vale)

5. **RICH Voices**

R Ashworth gave an update on the restructured approach to Public & Patient Involvement for ENRICH.

- There are now people with lived experience of Neuroprogressive diseases and Clinical Studies officers on the Rich Voices group to look at requests for PPI in research.
- A film has been created about research in care homes being more accessible and a content library will be created with unused footage for future activities
- A 4 episode podcast has been created as a pilot. The 1st episode will be available soon and is about setting the scene for care home research
- We are applying for money to have a pop up shop at the V&A in Dundee to challenge understanding of ageing in a digital society and trying to start conversations about care homes.
- The ENRICH newsletter will focus on RICH voices this month. We will ensure all forum members get a copy of the newsletter

6. **Feedback on current projects and planned projects**

No feedback was available on the following projects discussed at meeting on 6th March. This will be taken forward to the next meeting

- Alyson Vale is working on a data based project just now. The work is creating a dependency tool as well as using that tool to help determine necessary staffing and skills requirements to ensure that people's needs are met..
- Lucy shared that she is working on 3 projects funded by NHS Lothian Care Home Support Team: 2 practice support projects - a project called "Listening Chair", exploring what staff believe about well-being at work, why people stay in their jobs and why they leave and a project co-designing a staff well-being huddle. There is another project around staff retention, and recruitment for that one is expected to re-launch in the summer.
- Angela is just finishing the analysis on a project funded by Alzheimer Scotland and Erskine working with people with advanced dementia about the meaning in activity and interactions. Angela would like to share the findings with the Forum once appropriate.

- Amy is following her work around hearing care in care homes with some work with the See Hear agenda to refresh priorities

New updates given at this meeting:

- G Wyllie updated that they have applied for a study called Unfolding foot care: Understanding foot care interventions for improving foot health in older people residing in care homes. It is being led by colleagues from KCL, U. of Brighton, U. of Dundee (me), and U. of Kent.
 The aim of the work is to understand foot care interventions for improving foot health in older people residing in care homes and generate best practice recommendations for enhancing health outcomes. The work involves four work packages incorporating a realist review to explore how context and mechanisms inform outcomes, a survey to determine the prevalence of foot problems, a qualitative study to explore perceptions of footcare practices and interventions, and a synthesis of findings to inform future approaches, best practice recommendations, and strategies.
- J Burton also shared that the findings for the Listening and Learning study will be available this week. She also shared that the NIHR-funded DACHA study (developing research resources and minimum dataset for care homes adoption and use) have a webinar series starting in July to share emerging results with care home staff, members of the public and academic researchers. Link for more information from: <https://arc-oe.nihr.ac.uk/events/dacha-webinar-series>

J Burton also asked for the message that more Scottish Government funding needs to be made available for research in Social Care. E Law noted and said she would speak to Alan McNair at Scottish Government

7. Care Home Prioritisation

E Law stated that ENRICH will get working on this and will ask Care Homes what they are wanting to be involved in

8. AOB

- Shetland visit: E Law and T Russ visited Shetland last week and met with a variety of people from clinical and social care. The Care Homes are really interested in research and want to be involved.
- Face to face meeting: E Law asked if this was something that members would like to happen. Agreed that this would be a good idea but also to have a hybrid approach



Details of the ENRICH Comms channels:

Twitter:

@EnrichScotland

Facebook:

<https://www.facebook.com/enrichscotland>

Podcast:

<https://podcast.iriss.org.uk/enrich-scotland-supporting-research-in-care-homes>

Websites:

<https://enrichscotland.wordpress.com/>

<https://www.nhsresearchscotland.org.uk/research-in-scotland/facilities/enrich>