**ENRICH Scotland**

**Care Home Managers’ Research Forum**

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| **Date: 27/09/23**  **Time: 14:00**  **Venue: Microsoft Teams** |  |

**Meeting Minutes**

1. **Welcome and apologies**

Everyone on the call introduced themselves

1. **Overview of Forum:**

M Drummond gave an overview of the purpose of the Research Forum – she said that ENRICH Scotland wanted Care Home managers to be involved in the research happening in Scotland. She said if the meeting works then we will have future meetings. To ensure the agenda is relevant for Care Home Managers she would like a co-chair to support her.

1. **Research Interest Register:**

M Drummond updated that last week we emailed all care homes to ask them to let us know what areas of research they are interested in. So far we have had 44 replies out of 259 care homes. The purpose of the register is to feed back to researchers for future ideas. She will do this at the next Research Forum meeting on 11th October

She summarised that the main areas of interest at the moment are:

* Activities (inc music)
* Behaviour & Psychological Symptoms of Dementia
* End of Life
* Palliative Care
* Falls
* Medication
* Nutrition
* Stress & Distress
* Staff Well-being

The care homes on the call agreed that these were the main areas that they were interested in as this is the day job.

M Drummond said she will bring a more in-depth review at the next meeting

1. **Previous Research Experience:**

M Drummond asked if any care homes had any previous experience of research:

Elder Homes: C Henderson reported that they feel overwhelmed with surveys and that they prefer the personal connections. She said the topic was more important than the way it is completed

Spynie Care Home: M Scott said she used to work in England and worked with hospitals for research. She said that there is not much happening with research in the Moray area but she is happy to get involved in anything that is happening

Douglas View Care Home: L Fulton said she had recently joined ENRICH Scotland. She feels they are still recovering from Covid and just managing. She wants to look at best practice and inspire staff to get things back to pre-COVID.

A discussion took place as to how ENRICH Scotland could use this forum to share best practice.

1. **ENRICH Scotland Correspondence Feedback:**

M Drummond asked for feedback on how ENRICH Scotland corresponds with Care Homes:

General feedback was that Care Homes are still struggling from COVID, however, keen to get involved in new things.

M Drummond asked if any homes are involved in projects then to let us know and we can share

1. **Podcast Discussion:**

M Drummond shared that she wants to start short sessions on podcasts with researchers. These will be on specific topics eg. Anti-psychotic drugs on dementia

The forum agreed that this is a good idea especially for families

1. **AOCB:** 
   * M Drummond gave an update that she met with Scott from Information Circus who has done a pilot in care homes in Renfrewshire. He wants to make this a research project now and M Drummond will speak to researchers at forum on 11/10/23. Forum agreed it sounded great but would need to know what the benefits are of bringing services in
   * M Drummond updated Forum that the University of Leeds are doing a research study on research interests with staff, residents and families. ENRICH Scotland will be doing a pilot and will visit Care Homes to complete the surveys.

QME care/ Edenholme / Douglas view – agreed to be pilot care homes

1. **Future Meetings:**

Agreed that these will take place monthly to six weekly to allow group to form and achieve outcomes

Details of the ENRICH Comms channels:

**Twitter**:

@EnrichScotland

**Facebook**:

https://www.facebook.com/enrichscotland

**Podcast:**

<https://podcast.iriss.org.uk/enrich-scotland-supporting-research-in-care-homes>

**Websites:**

<https://enrichscotland.wordpress.com/>

https://www.nhsresearchscotland.org.uk/research-in-scotland/facilities/enrich