

ENRICH SCOTLAND

enabling research in care homes



May 2024

Welcome once again to the ENRICH Scotland newsletter, when we should be celebrating spring but it is dragging its feet this year so here's hoping.

Thought we would highlight the wonderful Dumfries and Galloway region in this month. The land of castles, beautiful beaches and the "South Coast 300" for those who fancy a drive, always preferable with locals since Bonny Prince Charlie stole all the shoes!¹

Dumfries and Galloway also boasts 37 care homes from the luxury to the homely and here's hoping you all immediately hit the link below and sign up to ENRICH and all the benefits it befalls, as it is very important to us that rural Scotland is well represented in all research.

Come on D&G sign up here now.²

¹<https://thehistoryjar.com/2017/07/01/bonnie-prince-charlie-demands-new-shoes/>

²<https://forms.office.com/pages/responsepage.aspx?id=veDvEDCgykuAnLXmdF5JmlrDnTR1zgZHjX4kkaal7I9UNko0Vlk0VzM1VzY4QjhWRjhZOEVMsUhwUC4u>



"Seeing that fine Burns statue in the centre of Dumfries, with his loyal collie Luath, reminded me that there's a new dog breed that can do magic tricks. It's called a Labracadabrador."

ENRICH Scotland Care Home Managers' Research Forum



At the Care Home Managers Forum on 17th April, Emma Law suggested that future meetings select a topic (eg continence) that will form the basis of a discussion around best practice and current research. The next meeting was suggested by Shona MacDonald – Wellbeing / Being Occupied (for residents)

Irina McLean is taking over Chairing this meeting and will be working with Shona on this.

The next meeting is on 26th June at 2pm. Contact tay.enrichscotland@nhs.scot³ or your local CSO for a Teams link to join us!

SCOTTISH CARE



Many of the care homes in D&G are supported by "Scottish Care" so thought it worthwhile to include a link to their most recent bulletin. This is the regional bulletin but many of the stories and links are relevant Scotland wide so have a look.

Care Home Weekly Update 9 May 2024 (mailchi.mp)⁴

Research Round Up



STUDIES CURRENTLY RECRUITING.

Below are studies being promoted by ENRICH Scotland, so please have a read and contribute. Remember to put it in your CPD/Revalidation....it all counts.

³<mailto:tay.enrichscotland@nhs.scot>

⁴<https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmailchi.mp%2Fscottishcare%2F2ndmay-3639593-13639765-8u7lwilcio-13641510%3Fe%3D5fbd3491ad&data=05|02|Bernie.McInally%40nhs.scot|7185ef1de41047418c0a08dc70c83eea|10efe0bda0304bca809cb5e6745e499a|0|0|638509252583395619|Unknown|TWfPbGZsb3d8eyJWljoimC4wLiAwMDAiLCJQljoiv2luMzliLCJBTil6lk1haWwiLCJXVCI6Mn0%3D|0||&sdata=SvF5uuNICXQCvopoE%2BgIPHcu5c4kM2Mb8O1u%2BQ59Amk%3D&reserved=0>

Do you support student nurses in Social Care settings in Scotland?

It's time to recognise the great work that non-NHS facilities offer in supporting student nurses in their training. For that we need to listen to the voices of the staff based in these care homes.

If that is you, we want to hear from you as part of our research study looking at the experiences of staff who support student nurses on placement in non-NHS areas in Scotland.

This involves filling in an online questionnaire, which takes no longer than 15 minutes and can be done completely anonymously. If you would like to help us understand a bit more then you have the option of being involved in individual interviews.

More details via the MS Forms link <https://forms.office.com/e/LcwLnrg9Fc>

Main Contact: Dr Tamsin Smith, tamsin.smith@open.ac.uk, 0131 549 7961



Drug use in later life.

Would you like to take part in a research exploring **drug use in later life**?

How can you help?: I would like to hear from you : Tell your story with an online or over the phone interview in a safe space. It will take between one and two hours. Your answers will be protected, confidential and anonymised. You are free to skip any questions you do not want to answer.

Participants will be compensated for their time and inconvenience with an Amazon eGift Voucher **Past or current drug use and Aged 40 and over and Live in the UK.**

If interested please **contact**: Asena Merve Turkmen (PhD Researcher) asena.turkman@strath.ac.uk⁵

⁵<mailto:asena.turkman@strath.ac.uk>



OPPORTUNITY TO SHARE YOUR VIEWS AND INFLUENCE THE DELIVERY OF PALLIATIVE CARE

The Scottish Government has asked Healthcare Improvement Scotland to gather the views of people about palliative care services. This will complement their own research in support of the development of a **new Palliative Care strategy** in 2023. The strategy will have 2 high level aims:

- Everyone in Scotland receives well-coordinated, timely and high-quality palliative care, care around death and bereavement support based on their needs and preferences, including support for families and carers.
 - Scotland is a place where people and communities can come together to support each other, take action and talk openly about planning ahead, serious illness, dying, death, and bereavement. Between now and the end of February, our engagement will be carried out through group discussions or one-to-one conversations either by phone, video or in person. We are particularly looking to speak with people who are from any of the groups noted below.
1. People living in remote, rural and island communities with health problems that mean they would be eligible for palliative care as patients or family members/carers,
 2. Older people with multiple health problems, long-term conditions and/or general frailty,
 3. Parents, children, and young people, and
 4. Carers. If you would like to take part and influence the development of this new strategy, please contact Karen at karen.rankin3@nhs.scot⁶
- GATHERING VIEWS ON CHRONIC PAIN – UPDATE**
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⁶<mailto:karen.rankin3@nhs.scot>



Previous Studies

Earlier this year, we promoted a survey from the "Developing research resources And minimum data set for Care Homes' Adoption" (DACHA) project. The DACHA team aim:

- To establish what data need to be in place to support research, service development and uptake of innovation in care homes.
- To synthesise existing evidence and data sources with care home generated resident data to deliver an agreed data set – minimum data set (MDS) – that is usable and authoritative for different user groups.

The project website⁷ is full of interesting resources that we encourage you to have a look at!



....Thank -U.....

Dr Adam Spacey from the **University of Salford** has completed recruitment on the "**Advance care planning education delivered by hospice specialists to care home staff in post pandemic conditions**" survey and would like to thank all for taking part.

We'll publish any results as we get them.

⁷<https://dachastudy.com/>

RICH Voices



The outcomes of the conference are still a "work in progress" and will be for some time. The ethics application is in to support the work in which your local CSO will come and ask you and others within your care home two questions:

- what makes this care home feel like home for you?
- what would you like to see more research about?

We are awaiting approval but once in place CSO's will come a' knocking! It will be great to have you take part.

We have also been developing an accessible research platform with the help of care home staff and RICH Voices members. The new website is available here {insert link}. The work is by no means finished, we will be continuing to add more content based on your feedback and ideas. We hope that the latest version helps you see what we are trying to achieve, and most importantly fits what RICH Voices asked for.

Finally, one of the requests from the RICH Voices workshops was to hear more from care homes **who have participated** in research or research-related activities. If you would be willing to share some of your experiences either in writing or through a recorded call, please get in touch- we would love to hear from you! **These will be made into case studies that will be showcased on the website.**⁸

Our Blogs

⁸<https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nhsresearchscotland.org.uk%2Fresearch-in-scotland%2Ffacilities%2Fenrich%2Fmaking-care-home-research-accessible&data=05|02|Bernie.McInally%40nhs.scot|9a9763484cd14f18b63008dc55506a4b|10efe0bda0304bca809cb5e6745e499a|0|0|638479051066989882|Unknown|TWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6lk1haWwiLCJXVCi6Mn0%3D|0||&sdata=3G0S9ih2HnP58dWpkVDFitCYwyE2MhsALM98%2Fc p6dGw%3D&reserved=0>



Blog⁹: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research.

Click here to check out our blog!¹⁰

ENRICH Stay Connected to Clinical Research in Scotland



1 - The Team...

- Sign up to the NRS newsletter, Research Bulletin¹¹
- Follow the NRS on Twitter¹², LinkedIn¹³ and www.nrs.org.uk¹⁴.

⁹<https://enrichscotland.wordpress.com/>

¹⁰<https://enrichscotland.wordpress.com/>

¹¹<https://nrs.us10.list-manage.com/subscribe?u=c8fe2cc5b484476d8b29be110&id=a399787cc8>

¹²<https://twitter.com/NHSResearchScot>

¹³<https://www.linkedin.com/company/nhsresearchscotland/>

¹⁴<http://www.nhsresearchscotland.org.uk/>

This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH Scotland news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot¹⁵

ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd). Want to change how you receive these emails? You can update your preferences or unsubscribe from this list.

¹⁵<mailto:tay.enrichscotland@nhs.scot>