

# Update from NRS Reproductive Health and Childbirth Specialty Group February 2020



## NHS Research Scotland Reproductive Health and Childbirth. Steering Group



In order to improve communication we are in the process of setting-up a Steering Group.

We are delighted to welcome to the NRS Steering Group:

**Lead midwife:** Sonia Whyte, NHS Lothian.

**Lead nurse:** Therese McSorley, NHS Greater Glasgow and Clyde (starting 1<sup>st</sup> May 2020).

**Trainee representative:** Dr Sarah Hawco, Dundee University.

**Many thanks to all who agreed to be NRS Local Champions!**

The aim is to have a Local Champion in each Health Board:

*If you are interested in joining the NRS Steering group,  
Please let Abha/ Txaro know*

### PPI Group

We are planning to have a central PPI Group with representation from fertility, Urogynaecology, Maternity, Menopause, Miscarriage and Endometriosis.

**Many thanks to Gwenda Burns and Sharon Martin who will represent Fertility!**

| Health Board     | NRS Local Champion                |
|------------------|-----------------------------------|
| Ayrshire & Arran | Dr Wael Agur & Dr Santanu Acharya |
| Grampian         | Dr Mairead Black                  |
| Highland         | Dr Aiky Goh                       |
| Lanarkshire      | Dr Ellie Jarvie                   |
| Lothian          | Professor Fiona Denison           |
| Shetland         | Dr Sreebala Sripada               |
| Tayside          | Dr Sarah Martins Da Silva         |

## GOOD NEWS STORIES



### Price winner at RCOG Senior Staff Conference, 31<sup>st</sup> Jan 2020

Dr Mike Rimmer, University of Edinburgh, won a price for his presentation at the Trainee Session entitled 'Chronic Endometritis and Future Pregnancy Loss'.

Their main finding was that women with a higher number of plasma cells in endometrial pipelle biopsies, identified by immunohistochemistry for plasma cell surface marker CD138, were more likely to go on to have a pregnancy loss.

### Public Engagement Event

Dr Mike Rimmer is organising a Public Engagement Event on pregnancy loss in Edinburgh, Sat 2<sup>nd</sup> May 2020.

For details and registration: <https://www.eventbrite.co.uk/e/its-not-your-fault-tickets-85402486135>

For any queries please contact: [michael.rimmer@ed.ac.uk](mailto:michael.rimmer@ed.ac.uk)

**CATHETER II.** Comparing THE Clinical And Cost-Effectiveness Of Various Washout Policies Versus No Washout Policy In Preventing Catheter Associated Complications In Adults Living With Long-Term Catheters.

This Multi-centre NIHR funded study is led by Professor Mohamed Abdel-fattah.



**The team in Grampian have recruited the 1<sup>st</sup> two participants!**  
**Many Congratulations to research nurses, Angela and Lynne!**

## NEW NIHR-FUNDED STUDIES LOOKING FOR NEW SITES

**CHOICE Study:** Cervical Ripening at Home or In-Hospital - prospective cohort study and process evaluation

**CI:** Dr Sarah Stock, NHS Lothian. **Trial Manager:** Fiona Wee.

**Research question:** Is it safe, cost-effective and acceptable to women to carry out home cervical ripening during induction of labour (IOL)?

**Study design:** The study protocol has two components, a multicentre prospective observational cohort study and a questionnaire-based survey and nested case studies evaluating process and women/partner experiences. Initially only recruiting sites that use the BadgerNet maternity system. This study is due to open to recruitment in June this year.

*If you are interested in receiving the Protocol & Feasibility questionnaire please let Abha or Txaro know ([abha.maheshwari@abdn.ac.uk](mailto:abha.maheshwari@abdn.ac.uk) / [maria.amezaga@nhs.net](mailto:maria.amezaga@nhs.net)).*

*For further questions please contact the study team at [CHOICE.Study@ed.ac.uk](mailto:CHOICE.Study@ed.ac.uk).*

**PURSUIT:** Proper Understanding of Recurrent Stress Urinary Incontinence Treatment in women: a randomised controlled trial of endoscopic and surgical treatment.

**Co-CIs:** Professor Marcus Drake (urologist in Bristol) and Dr Wael Agur (gynaecologist in Ayrshire).

**PI for Scotland's Centre (NHS Ayrshire & Arran):** Dr Holly Bekarma (urologist in Ayrshire).

This study is a two-arm trial randomising women with recurrent stress urinary incontinence (R-SUI) to endoscopic urethral bulking injections or a surgical operation. The plan is to recruit 250 women from 20 NHS centres throughout the UK. The study will run for 6 years, 2 years of recruitment and 3 of follow-up.

## PUBLICATIONS



Professor Fiona Denison  
NHS Lothian

### The results of the GOT-IT trial have been published

Nitroglycerin for treatment of retained placenta: A randomised, placebo-controlled, multicentre, double-blind trial in the UK . Denison FC, et al. PLoS Med 2019. Among authors: Norrie J. [Article](#)

Glyceryl trinitrate to reduce the need for manual removal of retained placenta following vaginal delivery: the GOT-IT RCT . Denison FC, et al. Health Technol Assess 2019 - *Clinical Trial*. Among authors: Norrie J. PMID 31912780. [Article](#)

GOT-IT was also mentioned in Minerva-The BMJ 2020; 368:m159 [368/bmj.m159](https://doi.org/10.1136/bmj.m159)

## FRAME Summer Studentship Programme 2020.

**Funding increased to up to £1000 for consumables & deadline extended until 31<sup>st</sup> March 2020!**

To find out more about the Programme, including how to apply, visit the FRAME website:

<https://frame.org.uk/2019/11/11/frame-summer-studentship-programme-2020/>

*FRAME is committed to promoting and raising awareness of the 3Rs (Replacement, Refinement and Reduction) with research scientists of the future*