

Update from NRS Reproductive Health and Childbirth Specialty Group

November 2023/ An t-Samhain 2023

First image released by China's Wide Field Survey Telescope: a high-resolution snapshot of Andromeda, the nearest major galaxy to the Milky Way



New streamlined notification scheme for lowest-risk clinical trials marks start of MHRA overhaul of regulation



The scheme will see the lowest-risk clinical trials processed by the MHRA in less than 14 days.

UK patients, the healthcare system and the life sciences sector are set to benefit from a new scheme that will see the time taken by the Medicines and Healthcare products Regulatory Agency (MHRA) to approve the lowest-risk clinical trials reduced by more than 50%. The scheme is based on that outlined in the MHRA's [clinical trials consultation](#). It forms a significant part of the regulator's [overhaul of the clinical trials regulation](#), supporting the government's ambition for the UK to be one of the best countries in the world to conduct clinical research for patients and researchers.

Read full article [here](#).

Link and Learn - Shape the Future Autumn Campaign

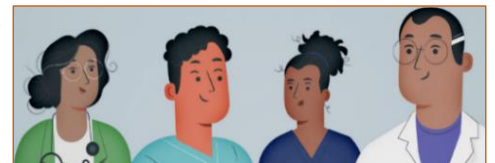


'Link and Learn' is a new and one-off temporary mentoring service (November to December 2023) and it is part of the [Shape the Future Autumn Campaign](#), an annual research development campaign run by the NIHR. It aims to connect those experienced in research with those new to research, or wanting to progress, via a mentoring scheme. We will keep you updated on how to sign up for 'Link and Learn' from Scotland.

If you have any questions, please contact Giuseppe Rella: giuseppe.rella@nihr.ac.uk

NIHR Associate Principal Investigator Scheme. Scotland Update

In Scotland there are currently 4 studies managed by RH&C registered to the Associate PI Scheme which have Trainees On-Tenure/ Completed the Scheme: LOCI, ESPriT2, REGAL and STOPPIT-3 (data cut 10/11/2023).



Studies in the Scheme that are managed by other Specialties include Gynaecological Cancers managed by Cancer: BRITROC-2, PAIRS. Neonatal Studies managed by Children include: FEED-1. See details [here](#).

Please let us know if you are participating or completed your tenure in the Associate PI Scheme but your study has not been included above. Please note, studies registered but without applications or withdrawn are not included.

In the last issue of the NRS RH&C newsletter ([October 2023](#)), we included an update on the performance of the RH&C National Specialty Group provided by the NIHR Associate PI Scheme team, Data cut 15/09/2023.

REMINDER: NIHR Associate Principal Investigator Scheme Educational Event. **Few tickets left!**

30th November 2023, 9:00am - 12:30pm. **Virtual Event** - [Register Here](#)

Are you a Health and Care professional with an interest in the Associate PI Scheme? If so, this event is tailored just for you! Discover how you can embark on a rewarding research career and become an Associate Principal Investigator.

The [Associate PI Scheme](#) provides a unique six month, in-work training opportunity for healthcare professionals embarking on their research career. For any questions please contact the Associate PI Scheme Team at associatepischeme@nihr.ac.uk.

Your good news stories, queries, feedback, are always welcome:
Abha (abha.maheshwari@nhs.scot), NRS Clinical Research Lead, or
Txaro (maria.amezaga@nhs.scot), NRS Champion Support Manager

REQUEST TO ADVERTISE STUDY POSTER IN MATERNITY UNITS



RELAX. Reducing Levels of AnXxiety - in pregnancy and after birth.

A randomised controlled trial of a web-based early intervention (RELAX) targeting repetitive negative thinking (RNT) in pregnant women: an evaluation of its impact on perinatal anxiety and the mechanism of change.

CPMS 54789, IRAS 307468. Chief Investigator: Professor Colette Hirsch, Kings College London. Funder: NIHR.

Study Brief [here](#) and the study website with more information and also where potential participants can register and complete the eligibility screening questions: <https://relax.healthmachine.io/>

Please see poster for display at this [link](#)

The study is open in two London hospitals currently for recruitment. Women can self-refer across the country and placing posters in maternity units will help advertise the study. The study team are looking to recruit 268 participants until June 2024.

Unfortunately, sites will not be receiving anything for displaying the poster, but the study team have said they can send laminated supplies, if interested please contact brittania.volkmer@kcl.ac.uk.

Many thanks for your cooperation

NES/CSO clinical lectureships open for applications



Deadline is 5pm on Wednesday 31 January 2024

NHS Education Scotland and the Chief Scientist Office are delighted to announce that the next round of their joint lectureship scheme is open for applications.

Applications are invited from speciality registrars in training who hold a Scottish NTN and have completed (or will shortly complete) a PhD or MD and wish to spend 50% of their time on research and 50% of their time in clinical training. As such these Lectureships posts are integrated academic training posts they will run until the CCT has been achieved.

[NES/CSO Clinical Lectureships – New Round Open for Applications – Chief Scientist Office \(scot.nhs.uk\)](#)

Reproductive Health and Childbirth Studies

Find an update of Active Studies in Scotland per Health Board at this [link](#)



In the NRS RH&C [webpage](#), Portfolio studies are highlighted in the [Study Portfolio section](#).

RH&C Newsletters can be found [here](#).

For information about studies in the portfolio please contact Abha (abha.maheshwari@nhs.scot) or
Txaro (maria.amezaga@nhs.scot)