



NRSMHN Annual Scientific Meeting – 2nd November Speakers' Biographies

PROF ANDREW GUMLEY

Andrew Gumley is Professor of Psychological Therapy at the University of Glasgow and Honorary Consultant Clinical Psychologist in NHS Greater Glasgow & Clyde. Andrew qualified as a Clinical Psychologist in 1993 and completed his PhD at the University of Stirling in 2001. Andrew has been involved in the NRSMHN since its inception and last year was appointed Interim Director of the Network. Andrew's own research includes clinical trials of psychological therapies for people with psychosis including Cognitive Behavioural Therapy, Compassion Focussed Therapy and Acceptance and Commitment Therapy. Andrew's research also includes identifying mechanisms of recovery and relapse to inform the development of new approaches to empower people with psychosis. Andrew's research also evaluates the implementation and effectiveness of early intervention for psychosis. He leads the design, piloting and evaluation of Digital Health Technologies to support recovery and staying well after psychosis. Andrew has worked closely with NHS Education for Scotland to support training and dissemination in Cognitive Behavioural Therapy for psychosis and implementation of staying well plans in community mental health services. He is also working closely with Healthcare Improvement Scotland to implement early intervention for psychosis services across Scotland.

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DR ALASTAIR COOK

Alastair joined Scottish Government Health Directorate as Principal Medical Officer in July 2020. He was previously Medical Director of Health and Social Care North Lanarkshire and before that Associate Medical Director for Mental Health. He chaired the Royal College of Psychiatrists in Scotland from 2013 -2017 and also the Scottish mental Health Partnership. Alastair had a previous secondment to SG from 2007-10 as Senior Medical Officer in Health Workforce. He continues to have a commitment to clinical practice in general adult psychiatry in Motherwell.

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PROF DAVID PORTEOUS

David did his undergraduate degree and PhD in Genetics at the University of Edinburgh. Following post-doctoral training in biomedical science at Oxford, he returned to Edinburgh to take up an MRC Training Fellowship initially at the MRC Mammalian Genome Unit. Later, at the MRC Human Genetics Unit, he rose to Section Head and a Personal Chair at the University of Edinburgh. In 1999, he moved over to the University of Edinburgh where he became Director of the Centre of Genomic and Experimental Medicine and was a co-founder of Generation Scotland. In 2015, he stepped down from being Director to focus exclusively on Generation Scotland. In 2019, he was awarded funding by the Wellcome Trust to launch the next phase of volunteer recruitment for Generation Scotland.

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DR CHLOE FAWNS-RITCHIE

Chloe Fawns-Ritchie is a Postdoctoral Research Fellow on the Generation Scotland project. She leads the development of the online questionnaires administered to Generation Scotland participants. Her research focuses on the psychological correlates and predictors of health. Previously, she worked as the cognitive testing officer in the Centre for Cognitive Ageing and Cognitive Epidemiology, and helped to develop the cognitive assessments used in UK Biobank and the Healthy AGEing In Scotland (HAGS) study. She completed her PhD in Psychology in 2019 examining the relationship between health literacy, cognitive ability and health.

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PROF JILL STAVERT

Jill is Professor of Mental Health and Capacity Law at Edinburgh Napier University where she is Director of the Centre for Mental Health and Capacity Law and leads the university's multi-disciplinary Centre for Mental Health Practice, Policy and Law Research. She is a member of the executive of the Scott Review and was an expert adviser to the recent Independent review on Learning Disability and Autism in the Mental Health Act.

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PROF COLIN MCKAY

Colin is Professor of Mental Health and Capacity Law. Colin joined the Centre for Mental Health and Capacity Law at Edinburgh Napier University in 2020. He is a member of the executive of the Scott review of mental health law, a board member of a law centre - JustRight Scotland, and a member of the Mental Health and Disability Committee of the Law Society of Scotland. From 2014 to 2020 he was Chief Executive of the Mental Welfare Commission. Previously Colin worked in the Scottish Government for 14 years, including on mental health law reform as secretary to the Millan Committee and Bill manager for the Mental Health (Care and Treatment) (Scotland) Act 2003. He also worked on justice, strategy and public service reform. Before that he was a solicitor, and spent 10 years with ENABLE Scotland, and served as a Mental Welfare Commissioner for 2 years.

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DR VAUGHAN BELL

Vaughan Bell is a clinical psychologist in the NHS working in psychosis and neuropsychiatry services, and an associate professor at UCL. He completed his PhD in cognitive neuropsychiatry in Cardiff and his DClinPsy in clinical psychology in London. His work focuses on cognitive mechanisms of neuropsychiatric disorders and open science approaches to psychiatry research.

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DR DOROTHY WADE

Dorothy Wade is a consultant clinical health psychologist in critical care for North East London Foundation Trust and an honorary associate professor at University College London. She is chair of the CORE network of post-Covid psychologists, and co-chair of PINC-UK, the network for psychologists working in Critical Care. Her research interests are in psychological aspects of Critical Care, including delirium, and evaluating psychological interventions for patients, family and staff in Critical Care.

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PROF ALAN CARSON

Prof Carson had worked as a Consultant Neuropsychiatrist in Edinburgh, split between the brain injury units at the Astley Ainslie Hospital and the Regional Neurosciences Unit at the Western General Hospital, for the last 20 years. He has recently moved from Astley Ainslie Hospital to set up a new hyper-acute rehabilitation service for major trauma in South East Scotland. He is also an Honorary Professor in Neuropsychiatry based in Clinical Brain Science at the University of Edinburgh. He is routinely involved in undergraduate and postgraduate training and teaching. His primary research interest is in conversion (functional neurological) disorders but he has been involved in projects across a range of neuropsychiatric topics. The Functional Disorders Research group in Edinburgh, which he runs along with Jon Stone and produced influential work on clinical phenotype, classification, epidemiology and treatment. He has published over 200 papers but his favorite is getting a 'Jackie style' picture story into Practical Neurology. Along with Mark Hallett, Chief of Human Motor Control NINDS, and Jon he published what they hope will be the landmark Handbook of Neurology- Functional Neurological Disorders (Elsevier 2016). This was followed by hosting the International Conference on Functional (Psychogenic) Neurological Disorders in Edinburgh; the largest ever interdisciplinary meeting on the topic. The profits from this meeting were used to launch a new international society the Functional Neurological Disorder Society. He holds a number of advisory posts in neuropsychiatry. He is the associate editor of Journal of Neurology, Neurosurgery and Psychiatry and was a previous President of the British Neuropsychiatry Association. He was awarded the President's Medal of the Royal College of Psychiatrists in 2017.

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PROF RORY O'CONNOR

Rory O'Connor PhD FAcSS is Professor of Health Psychology at the University of Glasgow in Scotland, President of the International Association for Suicide Prevention and a Past President of the International Academy of Suicide Research. Rory leads the Suicidal Behaviour Research Laboratory (**Web:** www.suicideresearch.info; **Twitter:** [@suicideresearch](https://twitter.com/suicideresearch)) at Glasgow, one of the leading suicide/self-harm research groups internationally. He has published extensively in the field of suicide and self-harm, specifically concerning the psychological processes which precipitate suicidal behaviour and self-harm. He is also co-author/editor of several books and is author of *When It is Darkest. Why People Die by Suicide and What We Can Do To Prevent It* (2021). He is Co-Editor-in-Chief of *Archives of Suicide Research* and Associate Editor of *Suicide and Life-Threatening Behavior*. Rory acts as an advisor to a range of national and international organisations including national governments on the areas of suicide and self-harm. He is also Co-Chair of the Academic Advisory Group to the Scottish Government's National Suicide Prevention Leadership Group.

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Plenary Chairs

DR ASHLEIGH DUTHIE

Ashleigh is a Consultant in Old Age Psychiatry and Honorary Clinical Senior Lecturer in NHS Tayside and Clinical Audit Lead for Tayside Psychiatry. Ashleigh is the East Node Regional Lead for NRS Mental Health Network.

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DR DONALD MACINTYRE

Donald is a Consultant Psychiatrist in NHS Lothian, Associate Medical Director (Mental Health) at NHS 24, honorary reader at the University of Edinburgh, and a graduate of the NHS Digital Academy. Donald is the South East Node Regional Lead for NRS Mental Health Network.

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