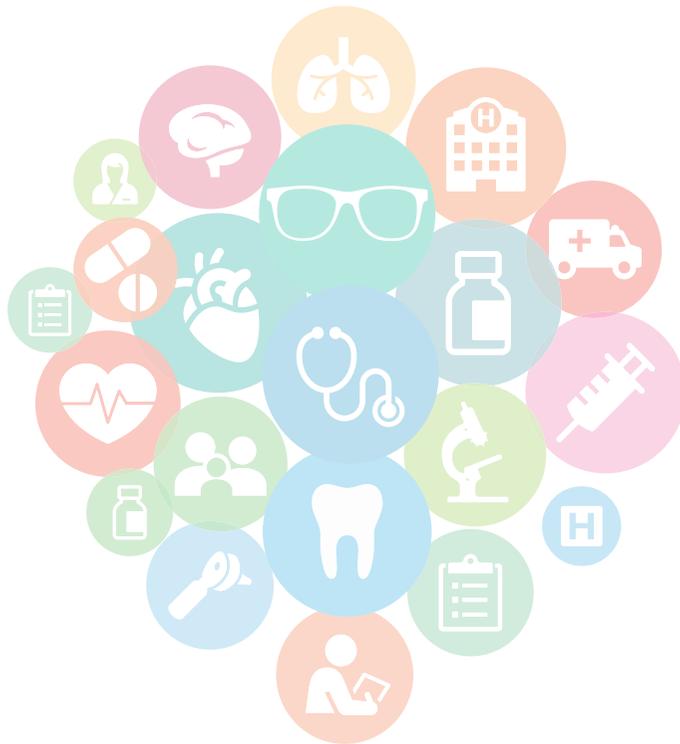

PRIMARY CARE

Patient and Public Involvement

Patient voices needed to make our research better



Contact us!

We want to hear from you. Your experiences, ideas and point of view are important to us.

If you are interested and would like more information about getting involved please contact:
www.nrs.org.uk/primarycare



What is Primary Care research?

Primary Care services are health services in the community such as doctors, nurses, physiotherapists, dentists, opticians, or pharmacists.



The NHS Research Scotland (NRS) Primary Care Network helps researchers who want to do research studies in primary care, for example in a GP practice.

Researchers working in primary care try to find out ways to prevent or better manage illness or to test new treatments. This could be a cancer screening study, a heart disease prevention study or studies looking at the best way to manage diabetes or depression.



Research studies can use different ways to find out this information. This could be a survey or an interview to find out what people think about their illness, or it could be making a change to a person's activity or lifestyle or trying a new medicine to look at what effect that has.

What does a PPI group do to help research?

PPI groups will help with a whole range of different tasks. It will depend on what the researchers need help with and the stage that the research is at. PPI groups could be asked:

- what research areas are important to them
- what they think of the plans for a research study and how it will be carried out
- whether study information is clear and understandable to people who might take part
- whether the study results can be easily understood and how to make sure the public will hear about them.

This is not the same as taking part in a research study.

Who can take part?

We would welcome people who are positive and enjoy problem-solving. People who are good communicators, both in giving their views and in listening well to others, and those who are flexible and willing to compromise when needed.



Do I need to have internet access?



Yes. We are 'meeting' online through ZOOM and our contact is all through email, so some way of getting onto the internet is needed. This doesn't need to be a computer, it could be a smartphone or tablet. We can reimburse for data costs.

How much time will I need to give to the group if I join?

You can get involved as much or as little as you want. Here are some examples of different levels:

Mailing List:
Hear about the PPI group work and meeting minutes

Email:
Give my views on research by email when a researcher needs help

Meetings:
Attend four on-line meetings per year to give my views on research

What support will be provided?

You will have a named contact to discuss your involvement. You will be reimbursed expenses and for your time according to the rates recommended by the National Institute for Health Research (NIHR) guidelines.