

Persistent postoperative opioid use in Europe

A systematic review

Taalke Sitter¹, Patrice Forget^{1,2}.

¹ Epidemiology group, Institute of Applied Health Sciences, University of Aberdeen; ² Department of Anaesthesia, NHS Grampian.

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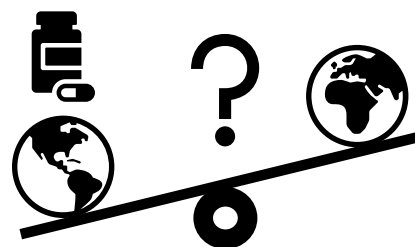
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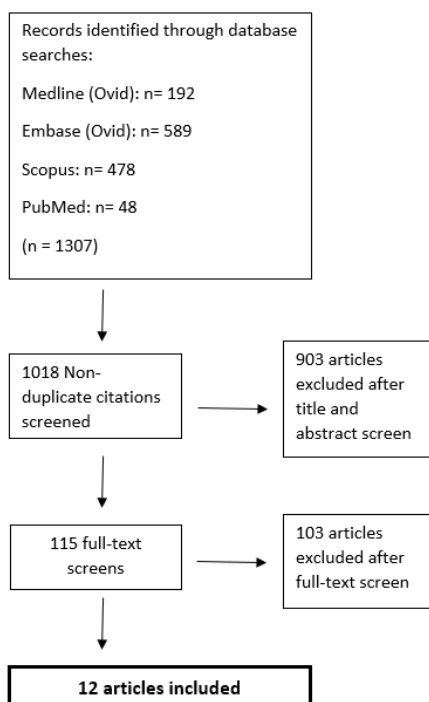
Background – Why?

In Europe overprescribing or misuse of opioids may be less prominent than in the US even if the opioid prescription rates are rising.



Objective

To summarize the published data on the proportion of persistent opioid use.



Methods and Results

Two to 41.0% of patients were opioid users 3 months after surgery.
Level of evidence : high to very low.

Interpretation

To state is not possible. We cannot exclude a public health problem.

Relevance for patient care

There is a need to document the perioperative opioid use in Europe.



Perspectives

The **POSE study**, an observational study on Pain and Opioids after Surgery in Europe, will include patients during **one week** and collecting data during **one year**.